

Athletic Handbook

2023-2024



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INTRODUCTION

The Moorhead Junior High Athletic Handbook is a reference guide for coaches, student-athletes, and parents concerning the policies that govern interscholastic athletics at Moorhead Junior High.

The coach of an athletic team reports to the Athletic Coordinator and is primarily responsible for the compliance of his/her team members to the rules, regulations, and policies governing athletics at Moorhead Junior High. The Athletic Coordinator will administer these rules and regulations as they relate to inter team and inter coach relationships.

Sound reasoning, good judgment, and adherence to the school's core values will be the standard by which situations outside these stated rules and regulations are determined and evaluated.

Interscholastic athletics is a voluntary program. Students are not obligated to participate, thus, participation in Moorhead Athletics is a privilege and not a right. Accompanying this privilege is the responsibility to adhere to standards established for the Moorhead Athletic program. This privilege may be revoked if the athlete fails or refuses to comply with these rules.

It should be carefully noted that the policies and procedures detailed in this handbook are reflective of official action by the Conroe ISD Board of Directors and Administration.

MISSION STATEMENT

Moorhead Junior High Athletics believes in its student-athletes, supports all of their achievements, and builds a positive learning community through equitable participation opportunities to develop physically, socially, and psychologically their leadership qualities with the support of families and community partnerships.

VISION STATEMENT

We will be the school of choice for scholars and families that are committed to achieving excellence in academics by working to ensure that every student-athlete leaves for high school with the intellectual, human relationship, and personal leadership skills to meet and surpass the demands of life and succeed in attaining their dreams and inspiring others to be positive leaders in society.

ATHLETIC DEPARTMENT CORE VALUES

- 1. Develop a unified family culture.**
- 2. Do unto others.**
- 3. Be brave. Be true. Try.**
- 4. Lead by example.**

Our Coaches

The coach is the “living curriculum” for the student athlete. Coaches at Moorhead are the most significant components of the athletic program as they are both teachers and active participants at the same time. They have the responsibility to model positive behaviors and attitudes at all times.

In order to be an effective coach and role model, Moorhead coaches must also be thoroughly knowledgeable in their sport, capable of detailed preparation, be great motivators, make adjustments during competition, and work effectively under the authority of the Athletic Coordinator and Campus Administration. Our coaches take the opportunity they have to mold young lives seriously.

Our Parents

Parents of student-athletes have a responsibility to both their child and to the team. Without strong parental support, the student-athlete will not be able to achieve his/her greatest potential and/or the team may suffer. It is important that parents provide positive reinforcement and understand their role as being part of the team. Parents, as well as players, should be supportive and encourage coaches and teammates at all times.

Parents are not coaches and learning to trust coaches is a key step to learning the value of the life lesson experiences athletics provides.

Our Athletes

Moorhead student-athletes should be diligent in preparation, give 100% at all times, demonstrate personal discipline, be respectful in all situations, maintain self-control, show humility, and aggressively pursue excellence regardless of the score, opponent, time, referee, or situation. The ultimate and final responsibility rests upon the shoulders of the student-athlete, for it is the student-athlete who is accountable to his/her parents, coach, and program.

Our Athletic Department

Is committed to:

1. Outreach to opposing teams and fans and to the larger community outside of Moorhead.
2. Preparation of student athletes for both competition and life.
3. Stewardship of our resources.
4. Pursuit of academic and athletic excellence.

PHILOSOPHY

The goal of the Moorhead Athletic Department is to provide the best opportunity for their athletes to excel in teamwork, sportsmanship, self-discipline, and moral character. The purpose is to provide participants with experiences that will be positive and memorable, and will help them to develop the capacity for commitment to a cause, acceptance of responsibility, and loyalty toward any chosen endeavor.

UIL Information

UIL Acknowledgement Of Rules General Information

School coaches may not:

1. Transport, register, or instruct students in grades 7-12 from their attendance zone in non-school baseball, basketball, football, soccer, softball, or volleyball camps (exception: school coaches may hold one 6-day camp in their school district for incoming 7th, 8th and 9th grade students.)
2. Give any instruction or schedule any practice for an individual or a team during the off-season except during the one in school day athletic period in baseball, basketball, football, soccer, softball, or volleyball.

Schools and school booster clubs may not provide funds, fees, or transportation for non-school activities. Non-school activities do not pertain to equipment and or training events for off season and or non-regulated tournament events.

General Eligibility Rules

According to UIL standards, students are eligible to represent their school in interscholastic activities if they:

1. are not 15 years of age or older on or before September 1 of the current scholastic year. (See 504 handicapped exceptions.)
2. are enrolled by the sixth class day of the current school year or have been in attendance for fifteen calendar days immediately preceding a varsity contest.
3. are full-time day students in a participant junior high school.
4. Initially enrolled in their grade not more than four calendar years ago.
5. are meeting academic standards required by state law.
6. live with their parents inside the school district attendance zone their first year of attendance. (Parent residence applies to varsity athletic eligibility only.) When the parents do not reside inside the district attendance zone the student could be eligible if: the student has been in continuous attendance for at least one calendar year and has not enrolled at another school; no inducement is given to the student to attend the school (for example: students or their parents must pay their room and board when they do not live with a relative; students driving back into the district should pay their own transportation costs); and it is not a violation of local school or TEA policies for the student to continue attending the school. Students placed by the Texas Youth Commission are covered under Custodial Residence (see Section 442 of the Constitution and Contest Rules).
7. have observed all provisions of the Awards Rule.
8. have not represented a college in a contest.
9. have not been recruited. (Does not apply to college recruiting as permitted by rule.)
10. have not violated any provision of the summer camp rule. Students who will be in grades 7, 8, and 9 may attend one baseball, one basketball, one football, one soccer, one softball, and one volleyball camp in which a coach from their school district attendance zone is employed, for no

more than six consecutive days each summer in each type of sports camp. Baseball, Basketball, Football, Soccer, Softball, and Volleyball camps where school personnel work with their own students may be held in May, after the last day of school, June, July and August prior to the second Monday in August. If such camps are sponsored by school district personnel, they must be held within the boundaries of the school district and the superintendent or his designee shall approve the schedule of fees.

11. have observed all provisions of the Athletic Amateur Rule. Students may not accept money or other valuable consideration (tangible or intangible property or service including anything that is usable, wearable, salable or consumable) for participating in any athletic sport during any part of the year. Athletes shall not allow their names to be used for the promotion of any product, plan or service. Students who inadvertently violate the amateur rule by accepting valuable consideration may regain athletic eligibility by returning the valuable consideration. If individuals return the valuable consideration within 30 days after they are informed of the rule violation, they regain their athletic eligibility when they return it. If they fail to return it within 30 days, they remain ineligible for one year from when they accepted it. During the period of time from when students receive valuable consideration until they return it, they are ineligible for varsity athletic competition in the sport in which the violation occurred. Minimum penalty for participating in a contest while ineligible is forfeiture of the contest.
12. did not change schools for athletic purposes.

Transportation

1. Junior High School teams receive transportation to away contests via one of our district school buses. It is the policy of the athletic department that student-athletes riding the bus to the competition bus must ride the bus back to the school.
2. Student-athletes will be released to their parents after an away contest with verbal consent by the coach. Student-athletes may be released to another adult only with written consent from their parents/guardians. (Verbal consent may be taken into consideration in emergency situations.)
3. Coaches are responsible to stay with student-athletes until all student-athletes have been picked up.

CONCUSSION REFERENCE GUIDE

A concussion fact sheet for parents can be found below. Questions regarding head or other serious injuries should be addressed to the athletic trainer, athletic department, or a licensed physician.

A Fact Sheet For Parents - What is a concussion?

A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head or body. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

What are the signs and symptoms?

You can't see a concussion. Signs and symptoms of concussions can show up right after the injury or may not appear or be noticed until days after the injury. If your student-athlete reports one or more symptoms of concussion listed below, or if you notice the symptoms yourself, keep your student-athlete out of play and seek medical attention right away.

1. Appears dazed or stunned
2. Is confused about assignment or position
3. Moves clumsily
4. Answers questions slowly
5. Loses consciousness (even briefly)
6. Shows mood, behavior, or personality changes
7. Can't recall events prior to hit or fall
8. Can't recall events after hit or fall
9. Headache or “pressure” in head
10. Nausea or vomiting
11. Balance problems or dizziness
12. Double or blurry vision
13. Sensitivity to light or noise
14. Feeling sluggish, hazy, foggy, or groggy
15. Concentration or memory problems
16. Confusion
17. Just not “feeling right” or is “feeling down”

How can you help your student-athlete prevent a concussion?

Every sport is different, but there are steps your student-athlete can take to protect themselves from concussion and other injuries.

1. Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly.
2. Ensure that they follow their coaches' rules for safety and the rules of the sport.
3. Encourage them to practice good sportsmanship at all times.

What should you do if you think your student-athlete has a concussion?

1. Keep your student-athlete out of play. If your student-athlete has a concussion her/his brain needs time to heal. Don't let your student-athlete return to play the day of the injury and until a healthcare professional, experienced in evaluating for concussions, says your student-athlete is symptom-free and it's OK to return to play. A repeat concussion that occurs before the brain recovers from the first—usually within a short period of time (hours, days, or weeks)—can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.
2. Seek medical attention right away. A health care professional experienced in evaluating for concussion will be able to decide how serious the concussion is and when it is safe for your student-athlete to return to sports.
3. Teach your student-athlete that it's not smart to play with a concussion. Rest is key after a concussion. Sometimes athletes wrongly believe that it shows strength and courage to play injured. Discourage others from pressuring injured athletes to play. Don't let your student-athlete convince you that s/he's "just fine."
4. Tell all of your student-athlete's coaches and the school nurse about ANY concussion. Coaches, school nurses, and other school staff should know if your teen has ever had a concussion. Your student-athlete may need to limit activities while s/he is recovering from a concussion. Things such as studying, driving, working on a computer, playing video games, or exercising may cause concussion symptoms to reappear or get worse. Talk to your healthcare professional, as well as your student-athlete's coaches, school nurse, and teachers. If needed, they can help adjust your student-athlete's school activities during her/his recovery. If you think your student-athlete has a concussion: Don't assess it yourself. Take him/her out of play. Seek the advice of a healthcare professional. It's better to miss one game than the whole season. For more information and to order additional materials free-of-charge, visit: www.cdc.gov/Concussion.

Physical Form & Parental Consent

1. For a student to be allowed to try out for a team or practice with a team, he/she must have a current Physical form on file in the Athletic office prior to the first practice of each year as well as have filled out all RankOne forms. You can acquire a Physical form in the Athletic office or on the athletic department website under forms. Physicals for Moorhead Athletics are good for one calendar year from the date signed by the attending physician.
2. For a student to be allowed to participate on any team, he/she and their parent/guardian must have signed the following forms in RankOne: Acknowledgement of Rules Form, Concussion Acknowledgement Form, Parent/Student Steroid Agreement, Sudden Cardiac Arrest Awareness Form, Emergency Form, CISD Required Forms, and Alternative Transportation Form. Other forms the student-athlete needs are the Student Athlete Uniform Agreement, Discipline Matrix, Student-Athlete Behavior Agreement, and the Anti-Hazing/Anti-Bullying Policy, thus agreeing to abide by the terms of the Moorhead Junior High athletic code.

STUDENT ATHLETE CODE OF CONDUCT
Moorhead Athletic Code of Conduct

I. Extracurricular Activities

The term “extracurricular activities” means, without limitation, all interscholastic athletics, cheerleading, drill team, academic clubs, special interest clubs, musical performances, dramatic productions, student government, and any other activity or group that participates in contests, competitions, or community service projects on behalf of or as a representative of Conroe ISD. The term includes any non-curricular event and membership or participation in groups, clubs, and organizations recognized and approved by the Board of Trustees and the school district and sponsored by the district or a campus. All extracurricular activity participants, including elected and appointed officers of all campus organizations, are subject to the provisions of this *Extracurricular Code of Conduct*.

II. Jurisdiction

Student participation in extracurricular activities is encouraged. Conroe ISD makes extracurricular activities available as an extension of the regular school program, with this important difference: participation in the regular curriculum is a right afforded to each student, while participation in the extracurricular program is a privilege that carries additional expectations for acceptable conduct. Students engaging in extracurricular activities represent not only themselves, but also other students and the school district when performing, competing, or participating in extracurricular activities and while wearing uniforms or other clothing that identifies the student to the community or public in any setting as Conroe ISD students. For this reason, their behavior must be exemplary and reflect the finest attributes of the total Conroe ISD student body at all times and places.

Important goals of the extracurricular program are to give students direction in developing self-discipline, responsibility, pride, loyalty, leadership, teamwork, respect for authority, and healthy living habits.

Because participation in extracurricular activities is a privilege and not a right, Conroe ISD is authorized to set higher standards for participants of extracurricular activities than it would for those students who choose not to participate in the activities. Therefore, the *Moorhead Athletic Code of Conduct* extends beyond the Conroe ISD *Student Code of Conduct* not only in types of behavior prohibited, but also in corresponding consequences and jurisdiction for imposing discipline. The *Moorhead Athletic Code of Conduct* will be enforced with all students grades 7-8 participating in extracurricular activities.

It is possible that a student who violates the *Conroe ISD Student Code of Conduct* will incur consequences from both the appropriate school administrator and from his or her coach, contest director, or sponsor for the same particular violation. It is also possible that a student participating in extracurricular activities could violate the *Extracurricular Code of Conduct* and be subject to discipline by a coach, contest director, or sponsor without having violated the *Conroe ISD Student Code of Conduct*.

III. Conduct Expectations

The following conduct is expected of all participants. Failure to meet these expectations can result in disciplinary action by the coach or sponsor:

1. **Academics** - Moorhead academic standards are high. These standards acknowledge that academic achievement takes precedence over athletic participation. Any failing grade ("F") (at report card or semester) or a quarterly composite of less than 70 will render a student athlete ineligible or placed on probation.

Trying Out for a Team if Ineligible – A student-athlete who is ineligible at the time team tryouts are held will be allowed to try out for a team. It should be clearly understood, however, that the possibility of that student-athlete not regaining eligibility status at the time of the progress report update and the probability that the student-athlete will miss some interscholastic competition and, therefore, perhaps adversely affect team performance and team accomplishment, will be a major consideration on behalf of the coaching staff when selecting team members

Remaining on a Team After Being Declared Ineligible – If a student-athlete fails a grading period, they will be ineligible for the prescribed period of time. If this student-athlete fails to re-establish eligibility at the completion of the first period of ineligibility (progress report update), the student-athlete may be dropped from the team.

Practicing with the Team if Ineligible – Generally speaking, ineligible student-athletes should be spending time correcting situations that rendered them ineligible. The discretion of the coach, with the concurrence of the Athletic Coordinator, will dictate the necessity and frequency of the attendance of a student-athlete at practice. An ineligible student cannot accompany the teams to interscholastic contests. At no time will an ineligible student-athlete be permitted to miss school to practice or accompany his/her team on an athletic trip.

2. **Conduct** - Each student-athlete is expected to conduct themselves in accordance with the standards and principles set forth in the Conroe ISD Student Code of Conduct. Violations of the Code of Conduct could affect participation in athletic activities. This includes behavior toward visiting teams or hosting teams as well as the opponent's fans. Conroe ISD participants will be noted for clean, tough, competitive play. Praise your opponent and compete beyond your ability. Students are required to show respect at all times to coaches and sponsors. Students should follow the rules stated in the *Conroe ISD Student Code of Conduct*. Failure to do so may result in actions related to the student's participation in extracurricular activities as determined by the coach or sponsor.

Suspension from School – Any suspension, whether in-school or out-of-school, as deemed by the Junior High Administration, will render a student-athlete ineligible to attend practice or any interscholastic contest during the time of suspension. Further disciplinary action could be taken by the Junior High Principal and/or the Athletic Coordinator.

Hazing Policy - Hazing in any form is neither tolerated nor consistent with any spiritual, educational or athletic goal at Moorhead Junior High School.

“Hazing” refers to any activity expected of someone joining a student organization that humiliates, degrades, or risks emotional and/or physical harm, regardless of the person’s willingness to participate.

Hazing activities generally considered being: physically abusive, hazardous, and/or sexually violating. The specific behaviors or activities within these categories vary widely among participants, groups and settings. Typical hazing practices would include: personal servitude; sleep deprivation; restrictions on personal hygiene; yelling; swearing; insulting new members/newcomers; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such substances on one’s skin; brandings; physical beatings; binge drinking and drinking games; sexual simulation and sexual assault.

Any activity that intimidates or threatens the student with ostracism; that subjects a student to extreme mental stress, embarrassment, shame or humiliation; that adversely affects the mental health or dignity of the student; or discourages the student from remaining in school is considered hazing.

Any activity that causes or requires a student to perform a task that involves violation of state or federal law or Moorhead policies or regulations is considered hazing.

Hazing in any form will not be tolerated at Moorhead and will result in disciplinary action. Other disciplinary consequences may be administered by the Coach, athletic department, Junior High administration, and/or Superintendent.

Bullying Policy - The administration, faculty and staff of Moorhead Junior High School believe that all people are created in the image of God, and so have intrinsic worth, value and dignity. We believe we have a responsibility to provide a respectful, safe, and healthy school environment and an obligation to promote mutual respect and acceptance for our students. Therefore, we will not tolerate behavior that infringes on the safety and dignity of any student. Bullying is never acceptable and is strictly prohibited. Such conduct is contrary to the behavior, values and principles established at Moorhead and are disruptive to the educational process.

Bullying is defined as any overt, unwanted, repeated acts or gestures, including verbal or written communications or images transmitted in any manner (including digitally or electronically), physical acts committed, aggression, or any other behaviors that are committed by a student or group of students against another student with the intent to harass, ridicule, humiliate, intimidate, or harm the targeted student and create for the targeted student an objectively hostile school environment that: (1) Places a reasonable fear of harm to a targeted student's person or their property; (2) Has a substantially detrimental effect on the targeted student's physical or mental health; (3) Has the effect of substantially interfering with the targeted student's academic performance; or (4) Has the effect of substantially interfering with the targeted student's ability to participate in or benefit from the services, activities, and privileges provided by the school.

Moorhead will not tolerate any behavior that is considered bullying, intimidation, or harassment of another student(s). Such behavior includes, but is not limited to: **Physical** - direct physical contact including pushing, hitting, shoving, biting, hair-pulling, scratching, spitting, tripping, damaging or stealing victims property, locking person in room, mean faces, rude gestures, initiating or forcing

inappropriate touching; **Verbal assaults** - name calling, put downs, racist remarks, teasing, threats, spreading rumors, sending inappropriate (violent, sexual, malicious, etc.) notes or pictures in any medium, (cell phone, internet, etc.); **Social** - ostracism, exclusion, ignoring, being unfriendly, alienating, social isolation, rumor spreading, damaging someone's reputation; **Psychological** - acts that instill a sense of fear or anxiety, aggressive or menacing gestures.

Students who choose to initiate and/or participate in bullying activities of any kind will be subject to intervention and/or disciplinary action. Consequences can include loss of designated school privileges and opportunities, suspension, expulsion or legal action by the police and/or courts.

Procedures to be followed for Suspected or Reported Bullying Behavior - Staff, student or parent reports the incident and suspected behavior immediately to a school staff member who will ensure that the incident is reported to the appropriate school administrator. Appropriate school personnel will immediately investigate the incident and follow the established guidelines for investigation, intervention and notification of parents of all parties. Bring resolution to the incident in a timely manner and inform all parties involved as to findings and action to be taken.

3. **No Quit** - Student commitment to a team or organization is expected for the entire season or activity. Students are encouraged to participate in more than one extracurricular activity; however, students may not quit one sport or organization in order to participate in another while the sport or club that he or she quit is still active.
4. **Attendance** - Students should arrive at practices (including workouts), meetings, and events on time and prepared. Students who cannot be present for a practice (including workouts), meeting, or event should notify their coach as soon as they are aware that they will be absent. Missed practices, meetings, or workouts will be made-up.

Injured or ill students who are unable to actively participate, but are able to attend a practice (including workouts), meeting or event are required to dress appropriately and sit or stand with the rest of the group.

Attendance at Practices and Games - Each member of a Moorhead Athletics team must assume the responsibilities associated with such a position. The athlete has an ethical obligation to the team and the school which includes regular attendance of practices and athletic contests.

It is possible, of course, that emergency situations may arise (e.g., illness, death in a family, etc.) that render it impossible for an athlete to attend a practice session or an athletic contest. Absences should be few and far between and arranged with the coach as early as possible.

Absences from practice sessions or athletic contests will be handled according to the Moorhead Athletics Discipline Matrix.

Attendance at School - Student-athletes must attend all classes to attend daily practice, daily practice time is recorded and must meet 75 percent of weekly practice time in order to participate in the weekly events and or game.

On game day a student-athlete must be present for all classes unless medically or legally excused. A student-athlete must attend school on the days of an athletic practice and contest in order to participate in that practice or contest. Some specific circumstances are as follows:

A. Students who are absent from part of the school day and are granted a non-illness related excused absence (e.g., a dental appointment) will be allowed to participate in the practice or contest that day.

B. **Any unexcused absence from school, regardless if it is only for a partial day, will render an athlete unable to participate in the day's events.** This would include in-school suspension or skipping class.

IV. Prohibited Conduct

Conroe ISD students who participate in extracurricular activities are prohibited at all times from:

1. possessing, smoking, selling, or using tobacco products;
2. possessing or using drug paraphernalia;
3. possessing, selling, or delivering to another person look-alike drugs or items represented to be drugs or contraband of any kind;
4. possessing, selling, giving, delivering to another person, using or being under the influence of marijuana, alcohol, a controlled substance, or any dangerous drug;
5. engaging in conduct that contains the elements of an offense relating to glue, aerosol paint, or volatile, mood-altering chemicals;
6. engaging in serious misbehavior, as that term is defined in the CISD Student Code of Conduct;
7. attending any event at which underage drinking or smoking is occurring (students will be allowed a slight concession for an amount of time long enough to determine that a violation is occurring and to leave the premises);
8. riding in a vehicle containing alcohol unless a parent, guardian, or other responsible adult is present and aware of the presence of the alcohol;
9. Stealing;
10. conduct that causes injury or harm to persons or property;
11. using profanity, lewd or vulgar language, or obscene gestures;
12. Fighting;
13. any conduct resulting in arrest and/or citations from law enforcement officers;
14. inappropriate touching including "public displays of affection" in public places, sexual gestures, or exposing parts of the body that are ordinarily covered up in public;
15. inappropriate behavior in public places;
16. sexting or inappropriate internet/electronic communications.
17. vandalizing or destroying CISD property.

V. Policies and Procedures

The coach and/or sponsor will determine whether a *Code of Conduct* violation has occurred. The appeal of a decision made by the coach/sponsor by the student or parent is up to and including the campus principal or principal's designee, since no student "right" is affected.

1. the student and the student's parent(s) or guardian(s); and in certain instances
2. the appropriate school administrator and/or counselor to provide counseling, support, and guidance in dealing with issues associated with the violation.

The coach or sponsor may require a conference at school with the student's parents(s) or guardians(s). The coach/sponsor may consider any and all related matters in determining what actions should be taken to appropriately and effectively address any violations.

Locker Room Policy

Currently UIL sports have locker room facilities at Moorhead. All UIL sponsored athletic teams will use the athletic locker room. No player should have jewelry in the locker room. All cell phones/smartphones in the football locker room should be locked in the locker before leaving for the practice field.

Handling Problems/Solving Disputes

All disputes at Moorhead, including those related to athletic matters, should be handled in a responsible and non-violent manner. In summary, the offended party is encouraged to go directly to the one with whom he/she has a problem (e.g., student-athletes should talk to the coach at an appropriate time prior to parental involvement and prior to going directly to the Athletic Coordinator.)

If the situation is not resolved, the offended is encouraged to seek a solution by speaking to the next person in authority. In simple terms, an athlete should approach the coach first, and if unresolved, the student-athlete, parent and coach should meet next, then the Assistant Athletic Coordinator, and finally the Athletic Coordinator. If the student-athlete and parent do not feel that proper process was followed, they may take the matter to the Moorhead Athletics Admin by providing their concerns in writing.

It is absolutely necessary that this chain-of-command be followed specifically. If not, the upper level authorities will direct the offended party to solve the problem at the appropriate level.

Playing Time Policy

Student-athletes at Moorhead must make every effort to attend all classes and all sport practices to play the day of the game. Playing time will depend on four factors per sport:

1. Student Academics must make 70 or above on report cards or progress reports.
2. Student attendance must be present in both classes as well as practice.
3. Student Athletes must show commitment and urgency to play by making practice times.
4. Student Athletes should maintain conditioning in practice sessions during out of season.

If you should have a concern about playing time, please schedule a meeting with the coach 24 hours after a game so as to allow for emotions to cool.

Starting a Season Late

A student may start a season late if the reasons are acceptable to the coach and Athletic Coordinator. If a cut has been made the student must go through a try out period. If the student is determined to be good enough they may be added to the team. No one will be cut to make room for this student.

If a student transfers to Moorhead once a season has already begun, they will be considered as a new student with new opportunities and will be permitted to try out for a team.

Multiple-Sport Policy

To fully accomplish the mission statement of Moorhead Junior High School athletics we, the coaches and athletic administrators, encourage all of our student athletes to participate in multiple sports. A multiple sport athlete has two to three times the opportunity to develop positive friendships, leadership character, competitive experience, reap the benefits of cross training, etc. than a single sport athlete.

If a student-athlete approaches a coach or athletic administrator about his/her thoughts on the pros and cons of being a multiple sport athlete, it is our job to carefully give the student athlete an objective evaluation of his/her options. Never should a coach discourage participation in other sports. Coaches will share as much information with the student athlete as possible to help him/her make the best informed decision he/she can make.

Accidents/Injuries

Coaches are certified in CPR and the use of an AED (Automatic External Defibrillator.) If an accident or injury occurs and is witnessed by a coach or trainer, the athlete will be evaluated by our trainer. Parents will be contacted in the event of all injuries and consulted with any decisions made in regard to treatment and rehabilitation. Conroe ISD has athletic trainers at competitions to help with the care and rehabilitation of injuries. The trainer will recommend doctors and/or treatments to care for the student, but the final treatment decision rests with the parents.

Coaches treat any acknowledged condition in the confidential manner with which the information is related by the parent or guardian. If an athlete misses practice on the request of a physician, the athlete should have a note of clearance before returning to practice.

School Uniform and Equipment Policy

Students are responsible for all equipment issued to them. Athletic uniforms are supplied for the sole purpose of athletic participation. This equipment is not to be used for any other purpose. Please see the Moorhead Uniform Agreement for more information.

Extracurricular Conflicts

If a conflict arises involving an athletic contest and an event related to another school activity, the coach and teacher/sponsor will discuss whether accommodations can be made to allow the student to participate in both events. If an agreement is not reached in this manner, the student and parent(s) will decide how best to proceed in the best interest of the student. Teachers and coaches may assign alternative work/tasks in place of the missed event. No additional or punitive penalties may be assessed beyond the loss of benefits (e.g., grades, participation) inherent in the event itself. It is understood that contests will take priority over practices.

The *Extracurricular Code of Conduct* does not limit the authority of a coach or sponsor to impose reasonable sanction for students who breach team or organization conduct expectations but do not engage in prohibited conduct.

VI. Disciplinary Action

Moorhead has developed an Athletics Discipline Matrix for our Coaches/Sponsors to use as a guideline for implementing corrective behavior measures. Please see the Moorhead Athletics Discipline Matrix, Behavior Agreement, Academic Probation Agreement, and Athletic Probation Agreement for all information pertaining to how we hold our student-athletes accountable for their actions in and out of the classroom.

COMMUNICATION

General Information

All UIL sport related activities for Moorhead will be transmitted through these methods:

1. School Website (location of Weekly Bulletin)
2. Call electronic newsletter
3. Athletic Websites
4. SportsYou per sport for parents and athletes
5. School Social Media
6. Athletic Social Media

Cancellations

It is necessary at times to cancel games and practices at the last minute due to inclement weather. Cancellations and/or changes to any scheduled athletic event will be communicated as soon as the information becomes available via our general communications. If it is a home event that we have scheduled, the Campus Athletic Coordinator will make the cancellation call by 2:30pm. If it is an away event, the opposing school's Campus Athletic Coordinator makes the cancellation call. As soon as we receive that call the website will be updated. The cancellation will be announced immediately from the respective school office, and students will be allowed to call their parents at that time to make arrangements for pick up. You can also check your team schedule on the athletics webpage for the most updated information as well.

OTHER INFORMATION

Parent Meetings

Parent Pre-Season Meetings – All parents of student athletes are required to attend a pre-season meeting with the coaching staff of that sport. The meeting shall be held before the first contest. Parents will be informed of all rules for their sport as well as the rules of Moorhead Junior High.

Parent Responsibilities

Along with the necessary financial costs, parents should be aware of the necessary service/costs associated with athletic participation in their athlete's sport. This participation which is required of all parents includes, but is not limited to, the following: concession sales, transportation, basic clean-up assistance at home contests, special events/tournaments, and others as directed or requested by that team's coach.

ADDENDUM - Forms

Rank One

- Medical History Form
- Alternative Transportation Permission Form
- CISD Required Forms
- UIL Forms Signature Page
 - Acknowledgement of Rules
 - Concussion Acknowledgement Form
 - Parent/Student Steroid Agreement
 - Sudden Cardiac Arrest Awareness Form
 - Emergency Form

Student Athlete Behavior Agreement

Student-Athlete Uniform Agreement

Moorhead Junior High Student/Parent Handbook